

The principles of the safer space of MYY ry

A Safe Space — What Does It Mean?

A safe or safer place means that everyone has the right to be themselves and freely express themselves without ridicule, discrimination or harassment. The aim is to make everyone feel welcome and part of the community, and to be aware of practices that can address any inappropriate treatment or harassment. A safe space can be either a physical or virtual space.

Equality and accessibility

The University of Helsinki and MYY ry are committed to promoting equality and preventing discrimination in all of their activities. The university wants to be a pioneer in promoting equality in creating an atmosphere that respects diversity. MYY ry also aims to identify and eliminate practices and structures that produce and maintain inequalities.

Principles of safer space

CARE AND RESPECT: Meet others with an open mind, be kind and be gentle to others and to yourself.

RESPECT DIFFERENCES: Give everyone room to be themselves. Respect people's differences and boundaries. Remember, you do not know everyone's qualities, experiences and boundaries.

DO NOT MAKE ASSUMPTIONS: Avoid making assumptions about others. Let everyone define their own experience. Listen to the other and try to understand. If you offend another, apologize and also seek to forgive others if they intentionally offend you. And don't make assumptions about someone else's resources.

COMMUNICATE AND CONTRIBUTE TO A POSITIVE ATMOSPHERE: Say hello to others. Be kind, polite and open. Listen, talk, ask. Communicate on positive issues, but also on problems and ambiguities. Help create a confidential community.

APPLY GUIDELINES AND ACT IF NECESSARY: Follow the principles of a safer space. Don't hesitate to act. Don't hesitate to ask for help if you feel you need it.

Inappropriate treatment and harassment

University and MYY ry do not accept any inappropriate treatment, bullying or harassment.

Inappropriate treatment is repeated bullying, harassment, annulment or other negative behavior that the target person feels defenseless. Harassment is an infringement of the dignity and integrity of a person or group of people by creating a threatening, degrading or otherwise making an offensive atmosphere.

Inappropriate treatment may be between colleagues in work or studies, between a superior and an employee or between a teacher and a student. Any one of these can experience bullying or be the bully.

If you face any discrimination or other improper behavior please contact our equality correspondents :

MYY: yhdenvertaisuus.myy@gmail.com or at HYY: hairintayhdyshenkilo@hyy.fi

Situations shall be handled only among the parties concerned in full confidentiality.

Have fun at the events <3